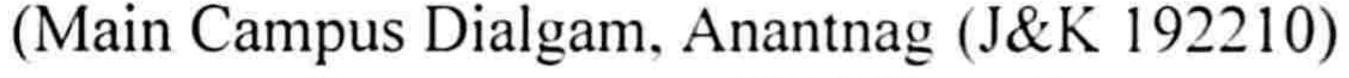


# Government of Jammu & Kashmir Health & Medical Education Department

### OFFICE OF THE PRINCIPAL





Phone: 01932-227624 e-mail: gmcanantnag2018@gmail.com ragmca22@gmail.com

No: GMCA/PD/RA/2025/ 1779-85

Date: 20 .09.2025

Subject: Foundation Course cum Commencement of Class Work for MBBS Batch 2025-26..

## **NOTICE**

It is hereby notified for information of all the MBBS students Batch (2025-26), that a foundation course of two weeks shall be held w.e.f 22<sup>nd</sup> September, 2025 as per the schedule annexed herewith as (Annexure A).

The Orientation Day shall be on 22<sup>nd</sup> September 2025 (Monday) ---- Mandatory

Government Medical College,
Anantnag.

#### Copy to the:-

- 1. Concerned HoDs Phase I, GMC Anantnag for information and necessary action.
- 2. Co-ordinator, MEU for information and necessary action.
- 3. Procurement Officer, GMC Anantnag for arranging refreshment and other logistics
- 4. I/C Lecture Halls, GMC Anantnag.
- 5. In charge website to upload the Notice along with enclosures on web portal.
- 6. Office record file.



# GOVERNMENT MEDICAL COLLEGE ANANTNAG(J&K) MBBS PHASE-I BATCH: 2025 FOUNDATION COURSE

FOUNDATION COURSE											
DATE	DAY	09:00 AM to 10:00 AM	10 AM to 11 AM	11 AM to 12 NOON	12 NOON TO 01 PM	01-02 PM	02 PM to 03 PM	03 PM to 04 PM	04 PM to 05 PM		
22-09-25	Monday	ORIENTATION DAY									
23-09-25	Tuesday	HOLIDAY									
24-09-25	Wednesday	HISTORY OF MEDICINE (COMMUNITY MEDICINE)					SPORTS & EXTRA-CURRICULAR ACTIVITIES				
25-09-25	Thursday	UNIVERSAL PRECAUTIONS (COMMUNITY MEDICINE)					SPORTS & EXTRA-CURRICULAR ACTIVITIES				
26-09-25	Friday	MENTAL HEALTH (PSYCHIATRY)					STRESS MANAGEMENT (PSYCHIATRY)				
27-09-25	Saturday	ME		& PHYSICIAN'S ROLE IN S HYSIOLOGY)	OCIETY		OFF				
28-09-25	Sunday				HOLIDAY						

DATE	DAY	09:00 AM to 10:00 AM	10 AM to 11 AM	11 AM to 12 NOON	12 NOON TO 01 PM	01-02 PM	02 PM to 03 PM	03 PM to 04 PM	04 PM to 05 PM	
29-09-25	Monday		VACCINATIONS HEALTH CARE DELIVERY COMMUNITY MEDICINE COMMUNITY MEDICINE		LUNCH	SPORTS & EXTRA-CURRICULAR ACTIVITIES				
30-09-25	Tuesday		SUB-CENTRE VISIT	GROUP A (ROLL H VISIT GROUP B (I	NO. 1-50) ROLL NO.51-100)	BREAK	MEDICAL ETHICS (ANATOMY)			
01-10-25	Wednesday	HOLIDAY								
02-10-25	Thursday	HOLIDAY								
03-10-25	Friday		SUB-CENTRE VISIT	GROUP B (ROLL N VISIT GROUP	O.51-100) A ( ROLL NO. 1-50)	CLINICO LAB COMMUNICATION (BIOCHEMISTRY)				
04-10-25	Saturday	CPR + BLS (SI	GENERAL SURGERY ( MULATION) (ANES	THESIOLOGY) GROUP	A (ROLL NO. 1-33)  B (ROLL NO.34-67)  C ( ROLL NO. 68-100)	BREAK	OFF			
05-10-25	Sunday				HOLIDAY	li.				

DATE	DAY	09:00 AM to 10:00 AM	10 AM to 11 AM	11 AM to 12 NOON	12 NOON TO 01 PM	01-02 PM	02 PM to 03 PM	03 PM to 04 PM	04 PM to 05 PM	
06-10-25	Monday	CPR + BLS (SI	GENERAL SURGERY ( MULATION) (ANESTE COMMUNICATION (C	HESIOLOGY) GROUP C	(ROLL NO.34-67) (ROLL NO. 68-100) A (ROLL NO. 1-33)	LUNCH	SPORTS & EXTRA-CURRICULAR ACTIVITIES			
07-10-25	Tuesday	FIRST AID GENERAL SURGERY (MOT) GROUP C ( ROLL NO. 68-100)  CPR + BLS (SIMULATION) (ANESTHESIOLOGY) GROUP A (ROLL NO. 1-33)  CLINICO LAB COMMUNICATION (CENTRAL LAB) GROUP B (ROLL NO.34-67)					SPORTS & EXTRA-CURRICULAR ACTIVITIES			